

Fall 2023

# TRES NEWS



## Important Dates

- Oct 27:** PD Day No Classes
- Oct 30:** Mi'kmaq Heritage Celebration 6pm
- Nov 10:** No Classes
- Nov 13:** No Classes; Assessment/Evaluation Day
- Nov 20-23:** Report Cards Distributed
- Nov 23:** Student Progress Meetings Evening
- Nov 24:** PD/ Student Progress Meetings; No Classes
- Dec. 20:** Last day of Classes
- Jan. 3:** First Day Back

## Breakfast Donations

Thank you to the volunteers that help provide a quick nutritious grab and go breakfast for our students. We are always in need of donations as our budget runs out very quickly. Items that can be donated are: fruit, yogurt, whole wheat bread, cereal (original Cheerios, Shreddies, Rice Krispies, Oatmeal Squares, Life Cereal), unsweetened apple sauce and cheese strings.

“

Eating a healthy breakfast sets the tone for the day.

—Bob Greene

”

## Principal Message

Dear TRES Families,

Thank you to everyone for being kind and patient as we began our school year. There were many unforeseen things that needed to be actioned such as adding an additional class which meant some students had to change teachers. There have been bus changes due to the increase in students. We try our best to communicate these things as they are happening so thank you for your understanding. We all want what is best for our students so together we will work to make this happen. Please reach out with any questions or suggestions..

Yours in education, Mrs. K. Weatherbee

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## Extra Curricular Opportunities

We were able to offer Music and PE Fun at Lunch for the month of September. Unfortunately we have not been able to continue these opportunities as the additional class to our schedule does not allow these spaces to be used.

We have been offering a Tech Club for Grades 2-4 during Lunch Hour. This happens a few times in the 8 day cycle.

We also have a Rainbow Club that is available at lunch on certain days to all students. This is a club that focuses on inclusivity for all and creating a safe environment for students to be themselves. There is an open door policy - all are welcome.

## Early Dismissal Process

When a storm is forecasted for later in the day and we announce an early dismissal through media outlets first thing in the morning. Schools will not make individual phone calls home but will be available until all students are home. Remember that bus drivers are to bring back any young students who do not have someone waiting for them. A PowerSchool Message will be sent to families during the day letting them know what time early dismissal will be. Please remember that there is also the option to sign up for text notifications on our CCRCE website.

## Attendance

Please remember that classes begin at 8:00. It helps your child to have them in the building prior to this time so they can be ready to learn at 8:00.



## Mi'kmaq History Month

This year's Mi'kmaq history month poster focuses on the importance of Games & Sports with Indigenous roots. Watching the video at this link <https://mikmaqhistorymonth.ca/video/> and talking about what you see & hear at home is a way to increase your knowledge and understanding. We are truly all better together and knowledge is power to do better. At school, students will have the opportunity to learn more about the truth of our province & country's history and how they can use that information to be part of change in the future.

## Lost and Found

There are many items in our Lost and Found. Families can access this during school hours. There are also items on the fence down at the back playground. We strongly encourage families to label their child's items as this helps us get items back to students.

## SAC

Our School Advisory Council had our first meeting of the year on September 28<sup>th</sup>. Minutes can be found on the school website. Our next meeting is October 23 at the school at 5pm. We want all TRES parents/guardians to know they are welcome to attend our meetings throughout the year! The SAC is a group made up of parents/guardians, staff, and community members who meet monthly to provide perspectives and guidance to the principal on a range of school issues, with the overall goal of building a vibrant, inclusive school community where students are supported to feel their best and do their best. If you have an issue you would like to see addressed by the SAC, please reach out through the SAC email address: [TRESsac2023@ccrce.ca](mailto:TRESsac2023@ccrce.ca) We are in the process of transitioning the Chair position. The outgoing Chair is Shali Manuel, and the incoming Co-Chairs are Abby MacLeod and Audriana Paul. All of our parent/guardian spots this year are filled by people still within their 3-year term, so we were not recruiting new members this year. We also encourage you to check in monthly to the [SAC section of the school website](#) to read our meeting minutes so you are kept in the loop!

## Parent Concern Process

First review concern with child's teacher.  
Next review concern with child's Principal.  
Next review concern with Cobequid Family of Schools Supervisor.  
Final step is to complete form that is given to the Director of School Administration. (form on CCRCE website)



## PTG

*TRES PTG is pleased to share that our welcome back dance was well attended, and the fall festival was a big success! One of our goals this year is to build school community spirit so we have more fun events planned for the coming months. Thank you to all who are able to support and volunteer. Please email [TRES.PTG@gmail.com](mailto:TRES.PTG@gmail.com) if you would like to get involved.*



CHOOSE  
KINDNESS

## TRES Remembers

Our school will take time on November 9th to honour and remember all service members who performed military service. Reminder this will be observed on Monday November 13th in all schools at CCRCE.



## Water Bottles

Students become very thirsty at school. Unfortunately there are a limited number of school water bottles on a daily basis. Please try and remember to pack one everyday with their lunch.

## TRES Teaching

### Ketlewo'qn; Honesty

The focus of our Sacred teachings for October and November is around Honesty. Students will be talking about what honesty looks like, sounds like and feels like.



## Emergency Drills

We have changed our practice on how we do our Emergency Drills. Families will receive an alert the day before a scheduled drill. If your child comes home talking about one of these please talk to them about why we practice these drills and reassure them that they were safe. Staff also do a pre drill discussion and a follow-up with the students.

## PowerSchool Information

The main system that houses student information in NS is PowerSchool. This can be accessed through the portal or through the mobile app. This can be found on the CCRCE mainpage. It is important that the information that was collected when students registered in primary is updated when things change. Please notify the school with any changes so that you don't miss out on any notices or correspondence from the school or the school region.

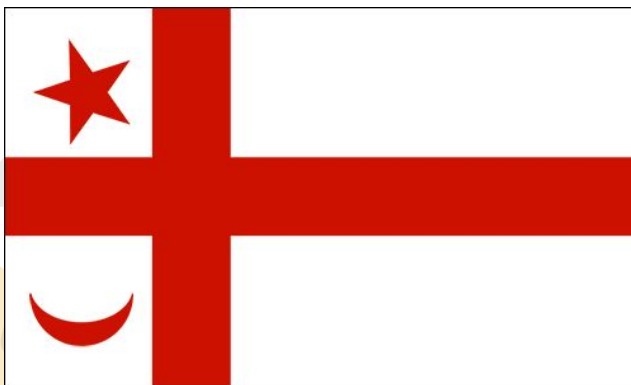
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### Extra Clothes

Our students go outside in most weather, please dress your child for the weather. If you can, send in extra socks as feet often get wet. It is a good practice to have a change of clothes in the backpack if possible as well.

### Halloween

On October 31st TRES students are encouraged to wear black, orange or a favourite color. Students will not be wearing costumes to school, they can keep this for the evening if they so choose to participate in this secular event.



### Celebrations

TRES is celebrating Mi'kmaq History Month during October. On October 3 our Mi'kmaq Language class raised the Mi'kmaq flag at the front of the school to honor our Mi'kmaq community. All month students have been learning about Mi'kmaq ways of knowing, being, and doing with a focus on language, sports, music, ribbon skirt and shirts, smudging, waltzes, and we have even been learning the ko'jua. On Monday, October 30 6–7pm we are hosting a celebration to honor and showcase the Mi'kmaq culture. We hope to see you all there!

WELCOME



### Picture ReTake Day

Pridham's will be back at our school on November 3rd to do retakes for any family who wishes. Please make sure your child and their teacher knows if this is what you would like to happen.